My future

Annual report 2018

…empowerment does not necessarily come easily. We have to get out of our comfort zone and break our habits. Make ourselves uncomfortable. But we have a better chance of happiness if the energy comes from within.

Anne McIsaac
Person living with Parkinson's disease

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Design: 12H30.ca

Photo: Thibault Carron

Table of contents

Parkinson Québec continues to grow by empowering people facing Parkinson's disease.

1 Purpose
2 Parkinson Québec by the numbers
3 Word from the chair and the executive director
4 Getting to know the Parkinson's community
5 Our impact
6 Achievements
8 New program
10 Raising awareness for better support
12 Advocate for the Parkinson's community
13 Funding
15 Research
16 Research projects funded
19 Strong local presence
20 Where do your donations go?
21 Priority services 2019
22 Financial statements
24 Serving the Parkinson's community
26 Partnerships

100,000
PEOPLE
touched by Parkinson's disease in Quebec

12
REGIONS
served in Quebec

1
NEEDS ANALYSIS
of the Parkinson's community

405
VOLUNTEERS
at our sides

Word from the Chair and the Executive Director

We began 2018 by moving offices, which gave us a sense of renewal. Our new space is better adapted and brighter, which energizes and empowers our team more than ever.

This new location combined with our "Unisson" awareness campaign in 2017 allowed us to enhance our visibility and accessibility during this 18th year in service of people living with Parkinson's disease and their caregivers.

During 2018, we continued to professionalize our team and we gave serious consideration to the effectiveness of our processes and impact of our services in order to align them with the needs of the Parkinson's community.

We had 592 respondents to the survey conducted with the Parkinson's community: an important step in the needs analysis that allowed us to understand the needs and concerns of people touched by Parkinson's disease. We are in the process of implementing an approach centred on a continuum of services and our new programs will be developed around this concept.

We want to express our esteem and gratitude to everyone who contributed to the success of 2018. We are referring to the people who told us their needs, who used our services as well as the many committed volunteers all over the province, our loyal donors and the members of our permanent staff. Your commitment and trust are essential. Without you we could not pursue our mission. THANK YOU!

Paul F. Dupré
Chair

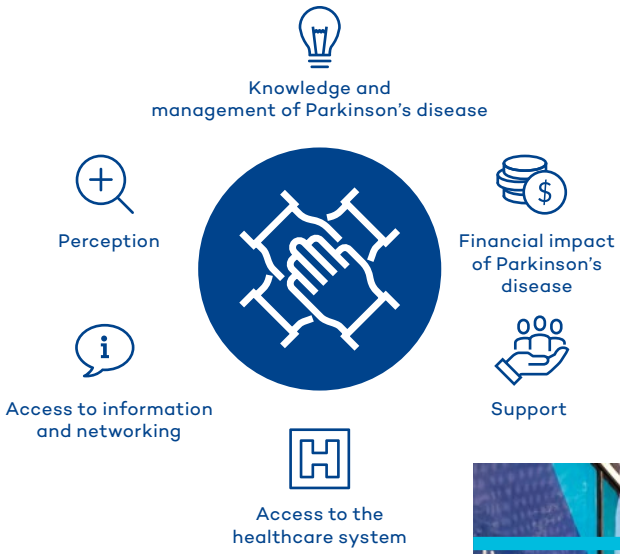
I am living with Parkinson's disease. I am committed to making a difference and spreading hope. It's my way of getting involved in our cause and empowering myself. I am one of the people working to improve things for the wellbeing of people living with the disease. I am involved because I want to participate in positive change in the Quebec Parkinson's community and to remember my civic and social conscience responsibilities.

Nicole Charpentier
Executive Director

My commitment to Parkinson Québec is sustained by the people associated with our organization. The people touched by Parkinson's disease make me want to do better and inspire me to continue developing services adapted to needs. The volunteers who put their resources in service of our objectives, by continuing their involvement, energize and equip the team to overcome challenges. The many donors who support our activities and projects to make our mission a success since 2001 empower us to work together. After eight years on this amazing team, it is always a privilege to be entrusted with spearheading our mission.

Getting to know the Parkinson's Community

For guidance in developing its services, Parkinson Québec conducted a survey on six areas of concern. This made it possible to determine the needs of people living with the disease and their caregivers across Quebec.



In conjunction with its survey and in order to develop an even more detailed picture of the Quebec Parkinson's community, Parkinson Québec partnered with the Institut national de santé publique du Québec (INSPQ) to produce the pamphlet, "Parkinsonism including Parkinson's disease: Overview in Quebec". This document reports on the frequency of parkinsonism, including Parkinson's disease, in Quebec, among people aged 40 years old and over. It also describes how people use healthcare and services.

Provincial prevalence:

4.3

1,000*

New diagnoses*

10 women

15 men

*Based on data from 2015-2016.

Closer to the community

Since January 2018, Parkinson Québec has occupied new offices located on Ontario Street East in Montreal and shares the space with Parkinson Montréal-Laval. This bright, easily accessible space brings us closer to the community.

Our impact

Photo: Étincelle Photographe

Renewed approach

Every person touched by Parkinson's disease is unique and has their own story. Parkinson's disease progresses at a different pace for each person and the impact of the symptoms is just as unique.

Parkinson Québec believes that people living with Parkinson's should not have to face the disease alone. We think that if they are well supported, they can maintain a satisfactory quality of life and continue to achieve in various aspects of their life.

Parkinson Québec's services are now oriented around the individual and their journey. They are part of a continuum in which the person touched by Parkinson's is supported, regardless of the stage of the disease. Individualized support with follow-up leads to*:

- **Positive and active engagement in life**
- **Health directed behaviour**
- **Self-monitoring and insight**
- **Health services navigation**

We implemented continuous improvement projects that made it possible to increase by 50% the time committed to people touched by Parkinson's disease using the information and referral service.

*Four of the seven scales of empowerment (Osborne).

Achievements

Because we will all be caregivers

Parkinson Québec partnered with L'Appui pour les proches aidants d'aînés to develop the programming for National Caregiver Week, which was the combined effort of several organizations. Largely diffused through social media, this campaign generated numerous positive reactions from our online community.

2,164 shares

9,090 likes

Forum on caregiving

As an advocate for the Parkinson's community, Parkinson Québec participated in the provincial consultation held December 11 by the Minister Responsible for Seniors and Informal Caregivers, Marguerite Blais. It was an opportunity to express the reality of caregivers of people living with Parkinson's, particularly with regard to recognition and accessibility of resources. This forum will lead to a provincial policy for caregivers in 2019.

Virtual classes

Thanks to the financial support of L'Appui pour les proches aidants d'aînés, virtual classes provide genuine learning and result in inspiring discussions and help to equip caregivers. Offered in seven modules and accompanied by video capsules hosted by actor Louise Cardinal, the virtual classes cover different themes such as familiarization with Parkinson's disease or fall prevention. A panel of caregivers sharing their experience enhances the concepts discussed.

Virtual classes viewed 1,500 times

Accessible from all over Quebec

Liaison Parkinson

Liaison Parkinson is a new support service oriented toward empowerment. This proactive support program is a partnership between healthcare professionals and Parkinson Québec. Ten neurologists are already working with the program. It is intended to inform and offer support to people and families facing the disease, regardless of its stage.

During the first contact with people referred, the Parkinson Québec team establishes with them their information and support needs and then redirects them to local resources adapted to their needs. A telephone follow up is then scheduled to assess the impact of this intervention. The Liaison Parkinson program will be rolled out provincewide in 2019.

NEW PROGRAM

Conference

Last October, the Cœur des Laurentides regional office of Parkinson Québec held the first regional conference on Parkinson's disease. Almost 200 participants came together to attend lectures and enjoy activities such as tango and boxing. The speakers invited to this event considerably contributed to making this conference a success.

Almost 200 participants

Webinars

Webinars are a simple, easily accessible way to attend specialized lectures. Presented by experts, webinars are offered in French and in English. The varied topics allow participants to be informed and better equipped to face the disease.

874 people took the webinars

5 themes in French and English

Raising awareness for better support

Mindful that members of the Parkinson's community have different relationships with the disease, Parkinson Québec deploys various communication and awareness strategies. It ensures that a relationship of trust is established and maintained by distributing creative, accessible, accurate, bilingual information adapted to needs.

Positioning itself as the reference on Parkinson's disease in Quebec, Parkinson Québec builds partnerships with experts to stay on top of Parkinson's-related innovations and better approaches for distributing them.

Parkinson Québec is planning for the future by supporting the social engagement of the next generation. Close links established with students' groups from several universities contribute to Parkinson Québec's outreach.

The associations McGill Students for Parkinson's, Concordia Students for Parkinson's and Parkinson UdeM are involved particularly by holding information booths in movement disorders clinics, holding symposium and fundraising.

7,224
subscribers to the newsletter

2,373
followers on Facebook

We have learned that we can access the resources of several organizations, including Parkinson Québec. It's useful to know they are listening to our needs and to have access to adapted services. We are a united front facing the challenges of Parkinson's disease and we love each other tremendously. And the result is that, despite everything, life is wonderful. Enjoy it!

Colette Lamour Jumez
Caregiver

ADVOCATE FOR THE PARKINSON'S COMMUNITY

Rights and responsibilities of employees

Many people are employees when they are diagnosed with Parkinson's disease. It is therefore normal for them to have many questions on the impact of the disease. Developed in partnership with the Université de Montréal chapter of Pro Bono Students Canada, the new brochure "Rights of people living with Parkinson's at work" provides information on the laws, rights and responsibilities surrounding workplace discrimination on the basis of disability.

Neuro partnerships

Parkinson Québec continues its partnership with organizations supporting people living with a progressive neurological disease. This multiple partnership made it possible to contribute to a brief that will be presented to MNAs and filed at the National Assembly in February 2019, highlighting the issues related to access to accommodations, medication and caregivers.

A voice for the Parkinson's community

The new Minister Responsible for Seniors and Informal Caregivers spoke at the regional conference in Sainte-Adèle. It was also an opportunity for the Chair of Parkinson Québec to raise the issues affecting the group, particularly concerning funding, both regionally and provincially.

Parkinson's and Cannabis

With the legalization of cannabis and the use of medical cannabis, Parkinson Québec has updated its position based on scientific advances in the field. The frequently asked questions accompanying Parkinson Québec's position provide clarity on the impacts of cannabis consumption related to Parkinson's disease.

Funding

Based on philanthropic trends in recent years, Parkinson Québec is reviewing its financial development strategies and updating its practices to position itself as the organization of choice for donors. While emphasizing the organization's values and the impact of donations on the community, it highlights the testimony of people touched by Parkinson's in its various solicitation tools.

Surrounded by volunteers and experienced partners, Parkinson Québec is improving the effectiveness of its main fundraising events and working to increase the network of major partners.

Specific projects such as Liaison Parkinson and a urban garden project are also the subject of funding applications, particularly for grants or solicitation of philanthropic organizations.

Photo: Thibault Carron

Instants magiques

Inspired by the work of Anne McIsaac, photographer and artistic director living with Parkinson's disease, this event raised money in service of the mission and gave the 392 guests an experience centred around Parkinson's disease. The Parkinson Québec team was supported by a dedicated organizing committee, under honorary co-chairs Julie Henrichon, Fondation Henrichon Goulet and Jean-François Dagenais, BCF Business Law.

Photo: Thibault Carron

INSTANTS MAGIQUES 2018

392
Guests

43
Sponsors

$308,436
Raised

Défi Vélo Parkinson Québec

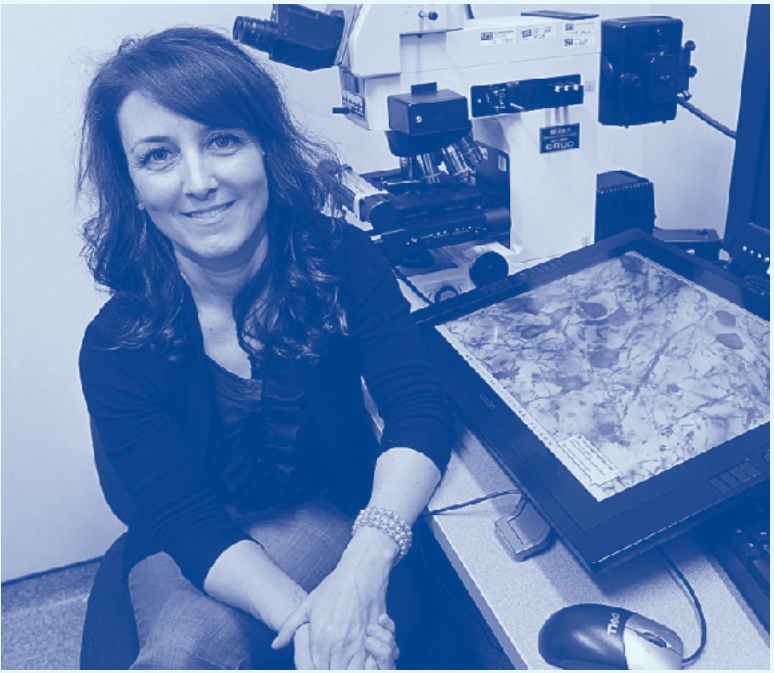
The new promotional video for the Défi Vélo Parkinson Québec was produced thanks to the contribution of the firm Sid Lee. Guided by these experts, Parkinson Québec now has a professional, touching and engaging promotional tool. The Défi Vélo, which has become a staple event for hundred of cyclists, was presented by Groupe Jean Coutu, under honorary co-chairs Nicolas Carbonneau and Marcel Raymond.

196
Cyclists

23
Sponsors

$207,235
Raised

RESEARCH



$45,000
research financed by the regions

$1,635,116
committed to research since 2012

45
research projects and bursaries funded since 2012

Our understanding of Parkinson's disease has evolved rapidly in recent years.

One of the major breakthroughs was the finding that the disease is heterogeneous, which means that each individual presents a different clinical profile. These observations led clinical institutions, particularly the International Parkinson and Movement Disorder Society to reconsider the definition of Parkinson's disease. This discovery comes with its share of challenges that include developing therapies applicable to a large number of patients and also identifying biomarkers that will provide diagnostic significance. Unfortunately, there is no biomarker for Parkinson's disease but the need is alarming.

All living cells, including blood cells, are able to release small cargo, called extracellular vesicles. We examined in the particles released by red blood cells and have observed that in stressful situations they are present in greater numbers in people living with Parkinson's disease and that they contain different proteins from control subjects. We are now working to validate these results on large cohorts of patients to make this tool available to clinicians who want a quick, reliable diagnosis, as well as to pharmaceutical companies who want to test the effectiveness of their new treatments. Through this work, we believe we have brought to light a diagnostic tool that is easy to use through a simple blood test.

Francesca Cicchetti, Ph. D.
received funding from the QRFP.

Microvesicles: biomarkers and vehicles for the propagation of alpha synuclein 2014-2016

RESEARCH PROJECTS FUNDED

IN PARTNERSHIP WITH THE NATIONAL RESEARCH PROGRAM OF PARKINSON CANADA INC.

Prof. Frédéric Calon
Université Laval

Clinicopathological investigations of the substantia nigra in Parkinson's disease

2017-2019
($45,000/1 year)

Stephano Cataldi
University of British Columbia

Graduate scholarships

2016-2018
($30,000/3 years)

Frédérique Laroquette
McGill University

Investigating the impact of a synuclein fibrils on dopaminergic neurons activity

2017-2019
($30,000, including a QRFP contribution of $7,500/2 years)

Prof. Louis-Éric Trudeau
Université de Montréal

Auto-immunity as a trigger of axonal degeneration in Parkinson's disease

2018-2019
($49,748/1 year)

IN PARTNERSHIP WITH FONDS DE RECHERCHE DU QUÉBEC – SANTÉ

Dr. Ronald Postuma
McGill University

1- REM sleep disorders as early symptom of Parkinson's disease

2- Caffeine and Parkinson's disease

2014-2018
($126,557, including a QRFP contribution of $35,000/4 years)

Camille Legault-Denis
Montreal Neurological Institute (MUHC)

Role of mesopontine cholinergic loss in executive dysfunction in Parkinson's disease: a PET brain imaging study with 18F-fluoroethoxybenzovesamicol

2017-2019
($15,000, including a QRFP contribution of $5,000/2 years)

Dymka Coudé
Institut universitaire en santé mentale de Québec

Neuronal study of dopaminergic pathways in monkeys

2016-2018
($30,000, including a QRFP contribution of $10,000/2 years)

Justine Renaud
Université du Québec

Neuroprotective role of resveratrol in a chronically hyperglycemic rat model: study of the dopaminergic neurodegeneration of neurometabolic behaviors and parameters

2016-2018
($40,000, including a QRFP contribution of $20,000/2 years)

Cécilia Tremblay
Université du Québec à Trois-Rivières

Characterisation of chemosensory performance in Parkinson's disease

2016-2019
($60,000, including a QRFP contribution of $20,000/3 years)

Dr. Philippe Huot
Centre de recherche du Centre hospitalier de l'université de Montréal (CHUM)

Study of the neuropharmacology of the basal ganglia

2016-2020
($139,121, including a QRFP contribution of $40,000/4 years)

Prof. Martin Lévesque
Université Laval

Cellular and molecular mechanisms regulating the development and maintenance of dopaminergic neurons

2017-2021
($295,451, including a QRFP contribution of $70,000/4 years)

Mathieu Paquette
McGill University

Characterisation of TFEB regulation by AMPK for a new possible treatment of neurodegenerative diseases

2017-2020
($60,000, including a QRFP contribution of $30,000/3 years)

Marta Maninska
McGill University

Obstructive sleep apnea in Parkinson's disease: understanding the interaction and optimizing treatment

2017-2021
($148,772, including a QRFP contribution of $40,000/4 years)

Valérie Coulombe
Centre de recherche de l'institut universitaire en santé mentale du Québec (CRIUSMQ)

Parkinson's disease and emotional prosody speech impairments: impacts on quality of life

2018-2020
($17,500, including a QRFP contribution of $8,750/2 years)

Samuel Burke Nanni
Université de Montréal

Better understanding the mechanisms responsible for neuron vulnerability in Parkinson's disease

2018-2021
($63,000, including a QRFP contribution of $21,000/3 years)

Loubna Mekki Berrada
Université de Montréal

Using AI to identify cognitive and cerebral markers of dementia in Parkinson's disease and its prodromal stage

2018-2020
($35,000, including a QRFP contribution of $17,500/2 years)

Dr. Ziv Gan-Or
McGill University

Genetics of REM sleep behaviour disorder and progression toward neurodegenerative diseases

2018-2022
($246,321, including a QRFP contribution of $50,000/4 years)

Austin Milnerwood
McGill University

Brain function and dysfunction of aging and late onset neurodegeneration

2018-2022
($151,708, including a QRFP contribution of $50,000/4 years)

Line Beaudet
Centre de recherche du centre hospitalier de l'université de Montréal (CHUM)

Promoting quality of life for people living with Parkinson's disease and their caregivers through web interventions encouraging the self-efficacy of these dyads

2018-2022
($154,166, including a QRFP contribution of $50,000/4 years)

“

We adapted our home to continue our life safely. We still travel, but we choose trips that require less energy, we avoid long walks. We have to make choices, but we are very positive, we live in the moment and we don’t keep ourselves from doing things.

I know that Parkinson Québec is there, that I can count on them when I need them. I am involved as a volunteer as my way of giving back.

”

Denyse Payette
Caregiver

STRONG LOCAL PRESENCE

While participating in discussions aimed at establishing a new partnership approach with regional Parkinson's organizations, Parkinson Québec remains responsive to the community and works hand in hand with local organizations to extend its services to new regions. The projects and services target specific regional needs and provincial issues.

REGIONAL PARKINSON'S ORGANIZATIONS

Parkinson Abitibi-Témiscamingue
Parkinson Bas-Saint-Laurent
Parkinson Centre-du-Québec.Mauricie
Parkinson Estrie
Parkinson Montréal-Laval
Parkinson Outaouais
Parkinson Région Québec – Chaudière-Appalaches
Parkinson Saguenay-Lac-Saint-Jean

REGIONAL OFFICES

Basses-Laurentides
Cœur des Laurentides
Haute-Yamaska
Rive-Sud

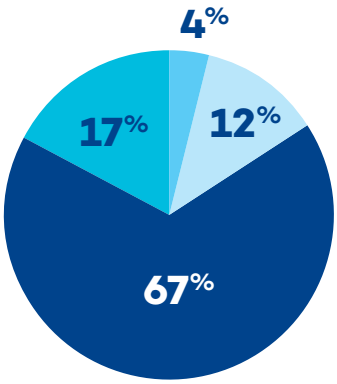
Active in the community

Parkinson Québec endeavours to support the development of services in the regions served and not served by regional Parkinson's organizations. The teams in place, employees and volunteers work in partnership with local actors to meet the needs of their regional Parkinson's community.

- **Alex Nevsky show benefitting the Haute-Yamaska regional office and research ($32,000 raised)**
- **Adding human resources, Basses-Laurentides regional office**
- **Development of an activities reimbursement policy, Rive-Sud regional office**
- **Organization of a regional conference, Cœur des Laurentides regional office**
- **Initiate development: Gaspé (Bonaventure), Vaudreuil and Joliette**

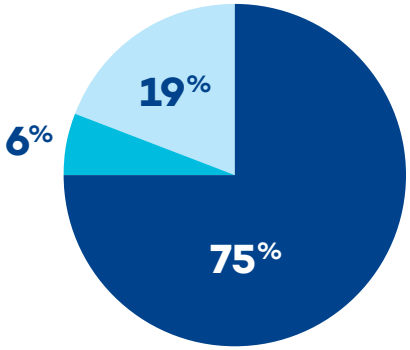
Where do your donations go?

How to contribute



- 4% Unsolicited donations
- 12% Research-directed donations
- 67% Fundraising activities
- 17% Other

Invested as follows



- 75% Community services
- 6% Awareness and visibility
- 19% Research funding

Parkinson Québec covers the administration fees of 15.36%.

Its net revenues are invested in the various components of its mission:
EDUCATION, SUPPORT, RESEARCH AND PROTECTION OF RIGHTS.

Growing our impact and scope

PRIORITY SERVICES 2019

1. **Review the contents** and distribution process of the kit *Being diagnosed*

2. **Optimize knowledge transfer** Bring together researchers, people living with Parkinson's and caregivers

3. **Continue implementing** the referral program Liaison Parkinson

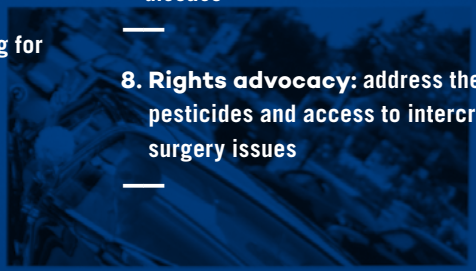
4. **System to automatically** redirect to the regions

5. **New guide and video** training for physical support

6. **Info Centre –** individualized support and follow up

7. **Create materials** adapted to the different phases of Parkinson's disease

8. **Rights advocacy:** address the pesticides and access to intercranial surgery issues



Knowledge and management of Parkinson's disease

Support

Perception

Financial statements

Results: Financial year ending December 31, 2018

REVENUES	2018	2017
Inflows		
Donations	**$ 282,505**	$ 272,961
Research-directed funds	**$ 202,051**	$ 171,556
Bequests	**$ 62,000**	$ 109,235
Direct mail	**$ 114,900**	$ 110,726
Government grants	**$ 266,978**	$ 172,282
Special events	**$ 763,525**	$ 742,719
Other revenues	**$ 25,728**	$ 53,325
Total Revenues	**$ 1,717,687**	$ 1,632,804

EXPENSES	2018	2017
Fundraising	**$ 576,447**	$ 531,007
Community services	**$ 682,190**	$ 623,981
Research funds	**$ 193,481**	$ 169,340
Administration	**$ 275,243**	$ 229,637
	$ 1,727,361	$ 1,553,965
Excess (deficiency) of revenues Over expenses	**$ (9,674)**	$ 78,839

Changes in net assets: Financial year ending December 31, 2018

	Allocated to *Québec ami des aînés*	Allocated to research	Allocated to capital assets	Not allocated	2018 Total	2017 Total
OPENING BALANCE	$ -	$ 57,475	$ 41,464	$ 356,875	**$ 455,814**	$ 376,975
Excess (deficiency) of revenues over expenses	$ (13,215)	$ 8,570	$ (17,871)	$ 12,842	**$ 9,674**	$ 78,839
Invested in capital assets	$ -	$ -	$ 30,939	$ (30,939)	**$ -**	$ -
Allocated internally	$ 13,215	$ -	$ -	$ (13,215)	**$ -**	$ -
BALANCE, END OF YEAR	$ -	$ 66,045	$ 54,532	$ 325,563	**$ 446,140**	$ 455,814

Balance sheet as of December 31, 2018

ASSETS	2018 Total	2017 Total
Current assets		
Cash flow	**$ 645,122**	$ 507,104
Temporary investments	**$ 254,041**	$ 129,941
Accounts receivable	**$ 93,343**	$ 26,025
Prepaid expenses	**$ 29,170**	$ 17,894
Short-term total	**$ 1,021,676**	**$ 680,964**
Mutual funds		$ 333,275
Tangible assets	**$ 54,532**	$ 41,464
Total Assets	**$ 1,076,208**	**$ 1,055,703**

LIABILITIES	2018 Total	2017 Total
Current liabilities		
Accounts payable and accrued charges	**$ 114,912**	$ 184,907
Deferred contributions	**$ 515,156**	$ 414,982
Total Liabilities	**$ 630,068**	**$ 599,889**
Net assets		
Invested in tangible assets	**$ 54,532**	$ 41,464
Allocated to research	**$ 66,045**	$ 57,475
Non allocated	**$ 325,563**	$ 356,875
Total Assets	**$ 446,140**	**$ 455,814**
Net Liabilities and Assets	**$ 1,076,208**	**$ 1,055,703**

Serving the Parkinson's community

To carry out its mission, Parkinson Québec relies on a team of professionals and committed volunteers. They are united by the desire to share their expertise and to contribute to making Parkinson Québec a recognized, credible organization responsive to the needs of the community.

Permanent staff

Nicole Charpentier, Executive Director

Josée Ouellette, Executive Assistant

Pascale St-Denis, Secretary Receptionist

Renée Turgeon, Administration and Finance

Brigitte Fleury, Director, Financial Development (until November 2018)

Diane Beausoleil, Executive Assistant, Development

Audrey Cotton, Assistant, Philanthropic Development (from November 2018)

Lynne Dupuis, Project Manager, Parkinson Journey (until February 2018) and Officer, Event Management (from March 2018)

David Gonçalves, Ph. D., Officer, Service Development (until September 2018)

Romain Rigal, Coordinator, Service Development (from April 2018)

Claudie Noël, Officer, Service Development

Rehnuma Kamal, Officer, Service Development

Annie Turcot, Coordinator, Network Development–Communications

Charlotte Bichon, Officer, Communications

Carla Reyes, Project Manager, Parkinson Journey (from April 2018)

Chantal Bourrassa, Regional Coordinator, Cœur des Laurentides regional office (from April 2018)

Josephine Piazza, Development Officer, Cœur des Laurentides regional office

Board of Directors

Executive

Paul F. Dupré, Chair

Sarah-Anaïs Julien Matte, Vice Chair

Stéphanie Proulx, Treasurer

Gérald Bouffard, Secretary

Administrateurs

Pierre Adam
Joseph Bartlett
Antoine Brylowski
Edmond Chow
Mélanie Grenier
Michel Ranger
Chantal S. Laurin
Gérard Tardif
Josée Valiquette

Board of Directors Committees

Members of the board of directors participate in the organization's sound management of by sitting on numerous committees. People outside the board of directors also contribute to the committees for their expertise, specifically:

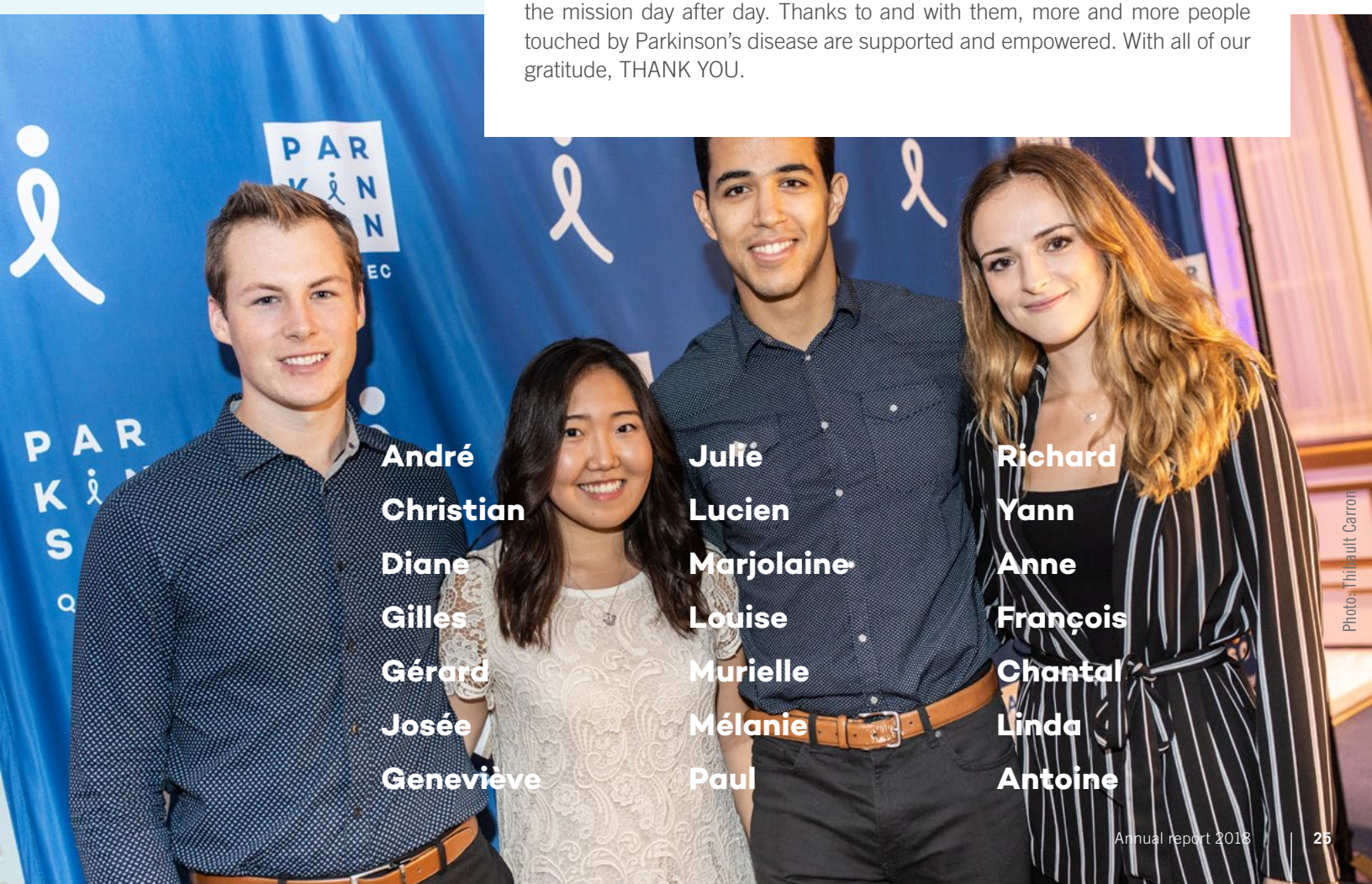
Huguette Allard
Gérald Bouffard
Richard Côté
Jacques Forest
Guy Gélineau
Jean Lamothe
André Lemelin
Michel Ranger

Committees

Comité d'Audit
Comité de recrutement et de mise en candidature
Comité des ressources humaines
Comité de gouvernance
Comité d'initiatives stratégiques
Comité de développement des revenus
Comité aviseur du FQRP

PRICELESS VOLUNTEERS

The commitment, generosity, expertise, creativity, determination, passion: it would be easy to go on listing the amazing qualities and values of the volunteers who work hand in hand with the Parkinson Québec team to carry out the mission day after day. Thanks to and with them, more and more people touched by Parkinson's disease are supported and empowered. With all of our gratitude, THANK YOU.



André
Christian
Diane
Gilles
Gérard
Josée
Geneviève

Julie
Lucien
Marjolaine
Louise
Murielle
Mélanie
Paul

Richard
Yann
Anne
François
Chantal
Linda
Antoine

Photo: Thibault Carron

Partnerships

Instants magiques promotional committee

Pierre Adam
Ruth Boachie
Jacques Brouillard
François Campeau
Richard Côté
Jean-François Dagenais
Isabelle Grondin
Julie Henrichon
Maude Martin
Kevin Murray
Gérard Tardif
Josée Valiquette

Défi Vélo promotional committee

Joseph Bartlett
Nicolas Carbonneau
Sarah-Anaïs Julien-Matte
Chantal S. Laurin
Yannick Perreault
Louis Schubert
Josée Valiquette

2019 conference committees

Marc Bédard
Claire Brousseau
Paola Campana
Eileen Cortina
Jean-François Gagnon, Ph. D.
Dr Nicolas Jodoin
Sylvie Mantha
Pierre Normandin
André Riopel
Dr Abdallah Tahar

Sponsors

AbbVie
Apotex inc.
Auberge Lac à l'eau claire
BCF Avocats d'affaires
Bijouterie Lise Poirier
BMW Canbec
Bon Look
Caisse Desjardins de Saint-Eustache
Camélia Sinensis
Céline Martel
Charles Guay
Club de golf Laval-sur-le-Lac
Complexe de l'auto Park Avenue
Connexion Pilates
Damas
Fairmont Tremblant
Fromagerie Yannick
Golf Grey Rocks
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