



ANNUAL REPORT 2017

MOVING FORWARD

together

P A R
K Ì N
S O N
QUÉBEC



If Parkinson's were a person,
I would tell it that it is not
welcome. That I would prefer it
were not here, but it is here, and
I will live with it, probably
for the rest of my life. Through
our actions, we will let it know:
we will work as hard as we can
to make sure that you never
again invite yourself into
people's lives and that one day
you will be a memory from the
past that will disappear from
the face of the Earth.

Gérard Tardif,
Member of the Board of Directors
Person living with Parkinson's disease

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Design: Annabelle Petit (petit.annabelle@gmail.com)
Creation: Charlotte Bichon

MOVING FORWARD
together




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PURPOSE

Parkinson Québec strives for excellence in research, protection of rights, education and support for people living with Parkinson's disease.

Our actions are driven by cooperation, empathy, creativity and transparency.

100 000
people affected by
Parkinson's disease in Quebec



12
regions served
throughout Quebec



167 000
views of the Unisson video
Major awareness campaign



250
active volunteers at our side





YEAR 2017

a word from the chairman and the executive director

In 2017, we started implementing our organization's new five-year strategic plan. The many achievements highlighted in this report testify to the importance of unifying our actions and expertise to remain focused and serve the Parkinson's community.

With regard to our mission, projects dedicated to informing, and training our community such as virtual classes and the Parkinson's Tour stand out and allow us to meet those living with Parkinson's and their caregivers.

Our priority remains focused on providing diverse and reliable services for both people directly affected by the disease and health professionals.

Standout moment of 2017: the major awareness campaign Unisson – The Art of Caring promoted awareness of Parkinson's disease and allowed our organization and the regional organizations to position themselves as the reference for supporting people living with Parkinson's in Quebec.

Asserted in our role as Quebec's spokesperson, we were able, more than ever before, to speak with elected officials in order to encourage the government to address the considerable needs of the Parkinson's community.

Once again, the support of volunteers, members of the Board of Directors and Parkinson Québec's staff made it possible to innovate and apply all of our expertise so that people living with Parkinson's can feel empowered.

We are entering the upcoming year with confidence and optimism, focused on rich and thriving collaboration with our network.

A stylized, handwritten signature in black ink.

Paul F. Dupré
Chairman

A stylized, handwritten signature in black ink.

Nicole Charpentier
Executive Director

UNISSON

a short film

Two women living with Parkinson's, one choreographer, a shared drive to transcend. Through perseverance, warmth, collaboration, humour and support, Kim and Barbara dance at Place des arts with renowned choreographer Anne Lebeau.

A moving and inspiring video that shows the true power of support.

photo : Bruno Guérin



TV appearances
Deux filles le matin
Salut Bonjour



274 shares



509 reactions



352,703 printings



photo : Bruno Guérin



PARKINSON QUÉBEC

the art of caring

At the heart of the Parkinson Québec awareness campaign, the Unisson video was undertaken thanks to the significant support of Sid Lee as well as Danse Danse and Parkinson en mouvement's collaboration.

This major campaign allowed us to increase the number of people who are aware of Parkinson Québec and its regional offices and organizations.

HIGHLIGHTS

A key player in the Parkinson's community, Parkinson Québec aligns its activities with the needs of people living with Parkinson's disease.

To achieve its objectives, it shows vision and leverages the expertise of its team. Its credibility makes it a partner of choice.



photo: Rosemarie St-Denis

2017 priority actions

1. BECOME THE REFERENCE FOR PEOPLE LIVING WITH PARKINSON'S DISEASE IN QUEBEC

- » Strengthen identity and communication
Awareness campaign Parkinson Québec: The Art of Caring with the launch of the Unisson video
- » Enhance services complementary to medical services
- » Implement the Parkinson's Tour

2. ACHIEVE THE GROWTH NECESSARY TO ENHANCE OUR ABILITIES AND IMPACT

- » Continue our efforts to support research
- » Funding from the Caregiver Network to develop the Huddol Community
- » Movement of Support grant to develop virtual classes for caregivers
- » *Québec amis des aînés* grant to establish a regional office in a region that is not served, i.e., Coeur des Laurentides
- » Significant growth of the fundraising event *Défi Vélo Parkinson*

3. WORK TOGETHER EFFECTIVELY

- » *Propose a new partnership arrangement, under study, with the members of the Regroupement des régions Parkinson Québec*

OUR IMPACT

*evolve along with society
and the needs of people
affected by Parkinson's*

Over the years, Parkinson Québec has rolled out information and educational tools, support services and networking opportunities corresponding to the needs of the Parkinson's community.

The need to consolidate achievements is pressing and the whole team is working to fine tune the resources made available. Its partnership with teams of experts and specialized clinics ensures the knowledge disseminated is based on solid evidence.

Constantly striving to better meet the needs of the Parkinson's community, Parkinson Québec innovates and seizes opportunities to develop new services and take a stand for the Parkinson's community.

photo : Laurianne Lizotte



IN 2017

- » New regional office in Cœur des Laurentides
- » Take position on cannabis
- » Filing briefs

Thank you, Parkinson Québec for
your many beneficial actions for
people living with Parkinson's and
their loved ones. We give, we receive.

**François C.,
Facebook User**



473 direct
information and
support interventions



4,835 people have
benefitted from the webinars
as sources of information



23% increase in
visits to the Parkinson
Info Centre

ACCOMPLISHMENTS

WEBINARS

The Daily Living webinar series continued thanks to financing from UCB and AbbVie. Eleven themes pertaining to Parkinson's disease generated interest; six of which were also presented in English. When combining live and deferred broadcasting, our 2017 webinars were viewed more than 4,000 times.

PARKINSON'S TOUR

As part of an effort to have direct contact with the Parkinson's community, the Parkinson's Tour is an opportunity for Parkinson Québec's team members to meet people living with Parkinson's disease. During this first year, the Tour was held in six movement disorder clinics in cooperation with organizations from the regions visited. These visits helped equip and inform 123 individuals living with the disease as well as caregivers about the provincial and regional resources available to them.

LIVING HOPE CONGRES

This three-day event held in the Sherbrooke area, on the theme of Living Hope, was an opportunity for more than 250 people to update their knowledge on Parkinson's disease and to consider empowerment from a new angle with Anne McIsaac's presentation on the power of perspective.

MIEUX VIVRE AVEC LE PARKINSON

More than 100 professionals have taken the Mieux vivre avec le Parkinson training since it was created. A true learning resource, this tool is indispensable for health professionals and people working with those affected by Parkinson's disease.



contributing to the power to act

INFOPARKINSON GUIDE

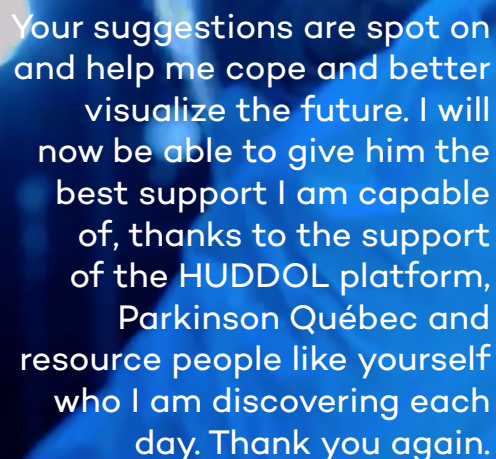
Several regional Parkinson's offices and organizations completed the training provided in the InfoParkinson Guide developed in 2016. This allows them to acquire standardized information based on the most recent knowledge and sound resources on Parkinson's disease and convey them to their members. As a result, thirty people are now able to answer inquiries and referral calls in the various regions of Quebec.

HUDDOL

Funded by the Caregiver Network and adapted to the era of virtual communication, Huddol is a social media platform for supporting caregivers with their needs. Run by a community manager, the Huddol community, pertaining to Parkinson's disease 250 members, promotes mutual assistance, information exchange and networking.

VIRTUAL CLASSES

Funded by L'appui national, virtual classes, in the form of specialized conferences are intended to specifically empower caregivers to act to better intervene, react and support their loved one living with Parkinson's disease. The project is in development and is slated to be rolled out in April 2018.



Your suggestions are spot on and help me cope and better visualize the future. I will now be able to give him the best support I am capable of, thanks to the support of the HUDDOL platform, Parkinson Québec and resource people like yourself who I am discovering each day. Thank you again.

**Anonymous,
Member of the Huddol community**



open to the community

Whether individually or collectively, Parkinson Québec sustains ties with those affected by Parkinson's disease. Parkinson Québec is invested in enhancing its impact with as many people as possible in the Parkinson's community.

To ensure that all Quebecers living with Parkinson's disease can have access to services and relevant information, Parkinson Québec endeavours to ensure that all of its communication tools and productions are bilingual.

Diligent and consciencous communication actions and the Unisson awareness campaign significantly contributed to enhancing the recognition of Parkinson Québec as a reference for the Parkinson's community in Québec.



7,099 newsletter subscriptions



42% increase in website traffic
(251,842 visits)



64% increase in Facebook followers
(1,532 followers)

AT OUR SIDE

committed personalities

Several personalities who are committed to the Parkinson's cause have teamed up with Parkinson Québec. Each affected in their own way, their presence at our side is essential for promoting Parkinson Québec and awareness of Parkinson's disease.

Kim Rusk, Parkinson Québec Ambassador
Patrick Zabé, Parkinson Québec Ambassador
Georges Laraque, Défi Vélo Parkinson spokesperson
Luc Bourgeois, provincial spokesperson for Parkinson's Journey
Louise Cardinal, spokesperson for the Basses-Laurentides Parkinson's Journey
André Lacoste, James Parkinson impersonator



Kim Rusk

photo : Sarah Laroche

Patrick Zabé

Louise Cardinal and Luc Bourgeois



André Lacoste



Georges Laraque



photo : Alexandre Claude

PROTECTION OF RIGHTS

Parkinson Québec is aware of the challenges faced by people living with Parkinson's disease and their caregivers. Its positions and recommendations focus on key issues such as home care, housing, support for caregivers, medically assisted death, access to care and basic services and financing for the organizations of the Regroupement.

United in its efforts with the Neuro Partners, Parkinson Québec plays an active role in representing the rights of the Parkinson's community.

major representations

- » Participating in the *Vieillir et vivre ensemble: Bilan, échanges et perspectives* Forum
- » Filing the brief on the development of the 2018-2023 action plan of the policy *Vieillir et vivre ensemble, chez soi, dans sa communauté, au Québec*
- » Taking position on cannabis in regards to Parkinson's disease
- » Contributing to and filing of the brief *Pistes de solution pour améliorer la qualité de vie des personnes atteintes de maladie neurologique évolutive*
- » Participating in the day of representation at the National Assembly, during which several meetings were held with elected officials
- » Meeting with Francine Charbonneau, Minister responsible for Seniors and Anti-Bullying
- » Meeting with Annie Lemieux, political assistant to the Minister of Health and Social Services, Gaétan Barrette, concerning home care

RESEARCH



INVESTMENTS

In 2017, thanks to donations from our regional Parkinson's offices and organizations, we have been able to add the clinical research component to the Quebec Research Fund on Parkinson's (FQRP).

We pursue our efforts to fund research with the hope that one day Parkinson's disease will be nothing more than a memory and the belief that it is possible to improve the quality of life for those affected by the disease.



RESEARCH SYMPOSIUM

During the 2nd Research Symposium, Dr. Ron Postuma presented the results of his research, co-funded by the FQRP, on the impact of caffeine on Parkinson's disease.



\$51,500 in donations to research from regional Parkinson's organizations



\$1,413,743 has been allocated to research since 2012

A background image showing various pieces of laboratory glassware, including Erlenmeyer flasks and beakers, some containing liquids, arranged on a lab bench.

RESEARCH PROJECTS FUNDED

IN PARTNERSHIP WITH THE NATIONAL
RESEARCH PROGRAM OF PARKINSON
CANADA INC.

Dr. Frédéric Calon

Université Laval

Clinicopathological investigations of the substantia
nigra in Parkinson's disease
2017–2019 (\$45,000 / 1 year)

Dr. Stephano Cataldi

University of British Columbia

Graduate scholarships
2016–2018 (\$30,000 / 3 years)

Frédérique Laroquette

McGill University

Investigating the impact of a synuclein fibrils on
dopaminergic neurons activity
2017–2019 (\$30,000 / 2 years)

Charles Ducrot

Université de Montréal

Survival of Dopamine Neurons in Parkinson's disease:
The Role of Synaptic Contacts
2015–2017 (\$30,000 / 2 years)

PROJECTS FUNDED IN PARTNERSHIP WITH
THE PARKINSON QUÉBEC NETWORK

Charles Ducrot

Université de Montréal

Survival of Dopamine Neurons in Parkinson's disease:
The Role of Synaptic Contacts
2015–2017 (\$30,000 / 2 years)

IN PARTNERSHIP WITH THE FONDS DE RECHERCHE DU QUÉBEC – SANTÉ

Dave Gagnon

Université Laval

Étude des afférences striatales à sérotonine dans la maladie de Parkinson et les dyskinésies induites par la L-DOPA chez le primate
2014–2017 (\$60,000, including a QRFP contribution of \$30,000 / 3 years)

Dr Ronald Postuma

Université McGill

1-Les troubles du sommeil paradoxal comme symptôme précoce de la MP
2- La caféine pour la MP
2014–2018 (\$126,557, including a QRFP contribution of \$35,000 / 4 years)

Camille Legault-Denis

Institut neurologique de Montréal

Rôle des lésions cholinergiques mesopontiques dans les troubles exécutifs de la maladie de Parkinson : une étude d'imagerie cérébrale par tomographie par émission de positons avec les F18 – Fluorothoxybenzo vesamical
2017–2019 (\$15,000, including a QRFP contribution of \$5,000 / 2 years)

Andrée-Anne Poirier

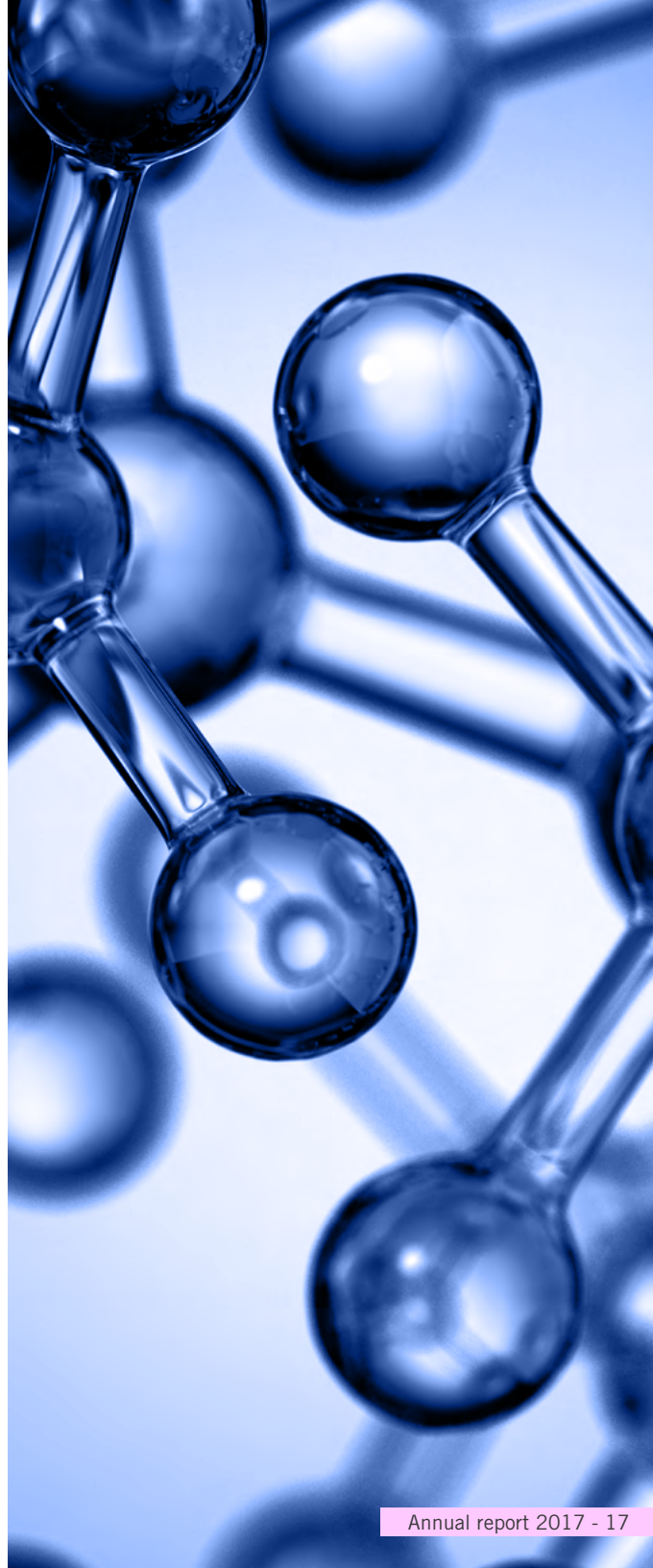
Centre de recherche du CHU de Québec

Étude des effets neuroprotecteurs et anti-inflammatoires de traitements modulateurs des hormones gonadiques au niveau du système nerveux entérique dans la maladie de Parkinson
2015–2017 (\$30,000, including a QRFP contribution of \$7,000 / 2 years)

Dymka Coudé

Institut universitaire en santé mentale de Québec

Étude neuronale des projections dopaminergiques chez le singe
2016–2018 (\$30,000, including a QRFP contribution of \$10,000 / 2 years)





IN PARTNERSHIP WITH FONDS DE
RECHERCHE DU QUÉBEC – SANTÉ

Justine Renaud

Université du Québec

Rôle neuroprotecteur du resvératrol dans un modèle de rat chroniquement hyperglycémique : étude de la neurodégénérescence dopaminergique du comportement et des paramètres neurométaboliques

2016–2018 (\$40,000, including a QRFP contribution of \$20,000 / 2 years)

Cécilia Tremblay

Université du Québec à Trois-Rivières

Caractérisation de la performance chimiosensorielle dans la maladie de Parkinson

2016–2019 (\$60,000, including a QRFP contribution of \$20,000 / 3 years)

Dr Philippe Huot

Centre de recherche du CHUM

Étude de la neuropharmacologie des ganglions de base

2016–2020 (\$139,121, including a QRFP contribution of \$40,000 / 4 years)

Martin Lévesque

Université Laval

Mécanismes cellulaires et moléculaires régulant le développement et la survie des neurones dopaminergiques

2017–2021 (\$295,451, including a QRFP contribution of \$70,000 / 4 years)

Mathieu Paquette

Université McGill

Caractérisation de la régulation de TFEB pour AMPK pour un nouveau traitement potentiel de maladies neurodégénératives

2017–2020 (\$60,000, including a QRFP contribution of \$30,000 / 3 years)

Maninska Marta

Université McGill

L'apnée obstructive du sommeil dans la maladie de Parkinson : comprendre l'interaction et optimiser le traitement.

2017–2021 (\$148,772, including a QRFP contribution of \$40,000 / 4 years)

FUNDING

Parkinson Québec's funding depends on the commitment and generosity of its community. Fortunately, Parkinson Québec can count on a dynamic, creative community to fund its mission.



\$176,000 donations received through various donations



\$88,000 raised through community activities



22% growth for Défi Vélo

\$168,585 raised during the Défi Vélo

190 cyclists

FUNDING PROGRAMS AND FINANCIAL PARTNERS

Parkinson Québec counts on the support of important partners to carry out major projects.



TOGETHER FOR INSTANTS MAGIQUES

Instants magiques is a flagship event for Parkinson Québec. It unites the business community around the Parkinson's cause.

In 2017, *Instants magiques* took a new and ambitious direction. The magic took place in the Windsor Ballroom and it was an opportunity to highlight the 200th anniversary of the discovery of Parkinson's disease with the presence of none other than James Parkinson!

This popular event is now one of Parkinson Québec's traditions and is an essential event to mobilize around the cause.



300 attendees



\$142,000 raised during the *Instants magiques* event

“DANCE IS
MY HAPPY PLACE.”

-KIM



IN QUEBEC

looking toward the future

Motivated by the experience acquired in recent years of cooperation and the desire to work together to support the Parkinson's community, Parkinson Québec has fulfilled the mandate conferred by the regional Parkinson's organizations by developing and proposing a new partnership arrangement. This arrangement is aimed at building on its achievements and continuing to develop services by relying on the network's active forces and on the individual needs of each of the partners. Together, we are working to identify the best way to unite our strengths for the Parkinson's community.

A new regional office was added to the network: Coeur des Laurentides. Working on the territory of Rivière-du-Nord and Pays-d'en-Haut, the Coeur des Laurentides regional office was established thanks to a three-year grant from the program Québec amis des aînés. The impact of the services in this newly served region is already being felt through the involvement of the community and people affected by Parkinson's disease.

REGIONAL PARKINSON'S ORGANIZATIONS

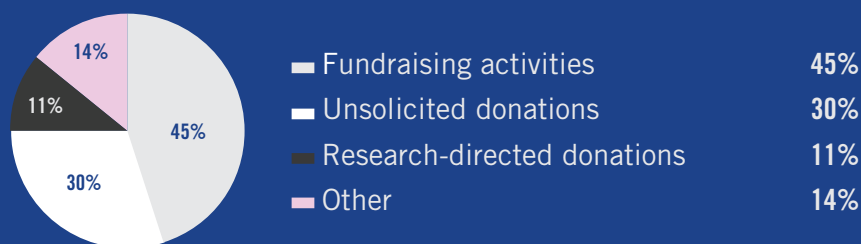
Parkinson Abitibi-Témiscamingue
Parkinson Bas-Saint-Laurent
Parkinson Centre-du-Québec. Mauricie
Parkinson Estrie
Parkinson Montréal-Laval
Parkinson Outaouais
Parkinson Saguenay – Lac-Saint-Jean
Parkinson Région Québec – Chaudière-Appalaches

REGIONAL OFFICES

Basses-Laurentides
Cœur des Laurentides
Haute-Yamaska
Rive-Sud

WHERE DO YOUR DONATIONS GO?

HOW TO CONTRIBUTE



INVESTED AS FOLLOWS



Parkinson Québec covers the administration fees of 13.88%. Its net revenues are invested in the various components of its mission: support, research and protection of rights.



education

support

research

protection of rights

FINANCIAL STATEMENTS

RESULTS: FINANCIAL YEAR ENDING DECEMBER 31, 2017

REVENUES	2017	2016
Inflows		
Bequests	109 235 \$	38 182 \$
Donations	272 961 \$	298 826 \$
Government grants	172 282 \$	165 502 \$
Direct mail	110 726 \$	100 267 \$
Research-directed funds	171 556 \$	293 293 \$
Special events	742 719 \$	618 833 \$
Other revenues	53 325 \$	34 533 \$
Total revenues	1 632 804 \$	1 549 436 \$

EXPENSES	2017	2016
Fundraising	531 007 \$	466 889 \$
Community services	623 981 \$	554 265 \$
Research funds	169 340 \$	291 927 \$
Administration	229 637 \$	217 086 \$
Total expenses	1 553 965 \$	1 530 167 \$

EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	78 839 \$	19 269 \$
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CHANGES IN NET ASSETS: FINANCIAL YEAR ENDING DECEMBER 31, 2017

	Allocated to QADA	Allocated to research	Allocated to capital assets	Not allocated	2017 total	2016 total
OPENING BALANCE	- \$	55 259 \$	34 212 \$	287 504 \$	376 975 \$	357 706 \$
Excess (deficiency) of revenues over expenses	(12 248) \$	2 216 \$	(13 664) \$	102 535 \$	78 839 \$	19 269 \$
Invested in capital assets	- \$	- \$	20 916 \$	(20 916) \$	- \$	- \$
Allocated internally	12 248 \$	- \$	- \$	(12 248) \$	- \$	- \$
BALANCE, END OF YEAR	- \$	57 475 \$	41 464 \$	356 875 \$	455 814 \$	376 975 \$

BALANCE SHEET AS OF DECEMBER 31, 2017

ASSETS	Total 2017	Total 2016
Current assets		
Cash flow	507 104 \$	419 745 \$
Temporary investments	129 941 \$	128 654 \$
Accounts receivable	26 025 \$	61 326 \$
Prepaid expenses	17 894 \$	16 411 \$
Short-term total	680 964 \$	626 136 \$
Mutual funds	333 275 \$	185 148 \$
Tangible assets	41 464 \$	34 212 \$
Total Assets	1 055 703 \$	845 496 \$

LIABILITIES	Total 2017	Total 2016
Current liabilities		
Accounts payable and accrued charges	184 907 \$	286 168 \$
Rent inducement	- \$	593 \$
Deferred contributions	414 982 \$	181 760 \$
Total liabilities	599 889 \$	468 521 \$
Net assets	455 814 \$	376 975 \$
NET LIABILITIES AND ASSETS	1 055 703 \$	845 496 \$

TOGETHER

taking action for Parkinson Québec

The credibility and quality of services offered to the Parkinson Québec community rests in part on the professional, competent and devoted people that make up the team and various governance committees of Parkinson Québec.

TEAM

Nicole Charpentier, Executive Director
Josée Ouellette, Executive Assistant
Pascale St-Denis, Secretary Receptionist
Renée Turgeon, Administration and Finance
Michel Doray, Director of Financial Development (until december 2017)
Brigitte Fleury, Director of Financial Development (from october 2017)
Diane Beausoleil, Executive Assistant, Development
Coralie Desjardins, Development Officer
David Gonçalves, Ph.D., Service Development Coordinator
Claudie Noël, Web Project Manager
Guillaume Fortin, Training Officer, Mieux Vivre avec le Parkinson
Hélène Piette, Training Officer, Mieux Vivre avec le Parkinson
Annie Turcot, Network Development Coordinator – Communications
Gabrielle Ménard, Communications Officer
Lynne Dupuis, Project Manager, Parkinson Journey
Rehnuma Kamal, Community Manager, Huddol
Alice Boulianne, Regional Coordinator, Cœur des Laurentides Regional Office
Josephine Piazza, Development Officer, Cœur des Laurentides Regional Office

BOARD OF DIRECTORS

Executive

Paul F. Dupré, Chair
Sarah-Anaïs Julien Matte, Vice Chair
Stéphanie Proulx, Treasurer

Members

Pierre Adam
Joseph Bartlett
Stéphanie Bergeron
Gérald Bouffard
Antoine Brylowski
Mélanie Grenier
Chantal Laurin
Michel Ranger
Gérard Tardif
Louis Tremblay
Josée Valiquette

Left during the mandate

Eric Paul-Hus, Secretary

BOARD OF DIRECTORS COMMITTEE

Members of our board directors participate in the sound management of our organization by sitting on numerous committees. People outside the board of directors also contribute their expertise in particular :

Huguette Allard
François Campeau
Nicole Charpentier
Richard Côté
Arnaud Denêre
Michel Doray
Jacques Forest
Guy Gélinau
Jean-Guy Grenier
Jean Lamothe
André Lemelin
Jacques Lépine
Marc Malouin
François Mercier
Romel Mintor
Alexandra Nadeau
Louis Schubert
Michel Tremblay

COMMITTEES

Comité exécutif
Comité d'Audit
Comité de recrutement et de mise en candidature
Comité ressources humaines
Comité de gouvernance
Comité développement des revenus
Comité d'initiatives stratégiques
Comité aviseur du FQRP
Comité dons planifiés

Everyday, volunteers all around Québec donate their time and energy to help those living with Parkinson's disease and their caregivers. They are the driving force behind all of our actions and we thank them from the bottom of our hearts.

BÉNÉVOLES

Djagbe Lily Abbey
Patrick Abi Nader
Andres Abushihab
Pierre Adam
Roméo Aguilar
Frank Alfieri
Huguette Allard
David Altmann
Karine Asselin
Dave Asselin
Étienne Aumont
Guy Authier
Janet Avery
Julien Bainvel
Linda Bambonye
Joseph Bartlett
Kim Bartlett
Line Beaudet
Isabelle Beaulieu-Boire
Linda Bérard
Craig Beemer
Denis Bégin
Jules Bélanger
Lise Belley
Stéphanie Bergeron
Marjolaine Bergeron
Agnès Bérubé
Richard Bicari
Karine Blackburn
Valérie Blais

Pierre J. Blanchet
Jean-Pierre Bois
Christine Botela
Gérald Bouffard
Luc Bourgeois
Lina Bourguignon
Chantal Brodeur
Jacques Brouillard
Michel Brunelle
Emmanuelle Brunet
Daphnée Brunet
Olivier Brunet
Antoine Brylowski
Paola Campana
François Campeau
Léonie Carbonneau
Loïc Carbonneau
Daniela Cardenas Nossa
Louise Cardinal
Benoît Carignan
Jimmy Caron
Anne-Sandra Caron
Madeleine Castelo
Louise Catudal
Guylaine Cazabon
Jean-Marie Charbonneau
Guylaine Charlot
Eve-Lyne Charpentier Larouche
Sandrine Charpentier-Larouche
Noëlla Chicoine
Sylvain Chouinard
Marie-France Cimon
Alexandre Claude
Martin Cloutier
Antoine Coquard
Eileen Cortina
Richard Côté
Bernard Côté
Ghislain Côté
Geneviève Côté
Lise Côté
Sabrina Curiale
Jean-François Dagenais
Josée Dagenais
Élise Dagesse
Alain Dagher
Jean-François Daneault

Geneviève De Champlain
Clothilde Degroot
Sébastien Delisle
Arnaud Denêtre
Jennifer Doran
Thierry Dubay-Bureau
Deniz Dubay-Bureau
Gérald Dufort
Paul F. Dupré
Nicolas Dupré
Marianne Durand
Jacques Eddé
Stéphanie Émond
Camille Flipot
Edward Fon
Jacques Forest
Jean-Pierre Forget
Guy Forget
Rosalie Forget-Giguère
Robert Fournier
Gérard Frenette
Jean-François Gagnon
Antoine Galant
Mona Gaumond
Guylaine Gelé Bérubé
Guy Géliveau
Christine Ghantous
Paul Girard
Myriam Girard
Pascal Girard
Julia Giraud
Robert Goyer
Mélanie Grenier
Isabelle Grondin
François Guérin
Meimei Hanhan
Barbara Harbert
Josh Hu
Jacques Huppertz
Nicolas Jodoin
Sarah-Anaïs Julien-Matte
Aarlenne Khan
Linda Labbé
Michel Labrosse
Lucie Lachance
André Lacoste
Yves Lacroix

Luc Lafontaine
Yves Lafortune
Jean Lamothe
Johanne Lamothe
Stéphane Langdeau
Pascale Langlois
Laurence Lanoie
Normand A Laplante
Hélène Lapointe
Georges Laraque
Martin Larouche
Lyne Laurin
Chantal Laurin
Katrine Lavigne
Violaine Lavoie
Yann Le Bossé
Anne Lebeau
Louizette Lebel
Kiana Lebel
Claire Lefebvre
Benoît Lellouche
André Lemelin
Claude Lemieux
Nicolas Lemmetti
Laurianne Lizotte
Charlène Lizotte
Francis Louisseize
Marguerite Lussier
Bob Lussier
Guillaume Mailhot
Anton Malienko
Marc Malouin
Sabrina Manny
Isabelle Marquis
Sylvie Martel
Maude Martin
Stéphane Marzotto
Ginette Mayrand
Teresa McGuire
Anne McIsaac
Sylvie Meilleur
Jean Ménard
Janis Mercier
Jean-Philippe Mercier
Julie Messier
Gabriel Michaud
Charlotte Michaud-Tardif

BÉNÉVOLES (SUITE)

Romel Mintor	Édith Sisak
Josianne Minville	Mario St-Amand
Terrina Morgan	Luc St-Laurent
Nicolas Morin	Andrea Tabet
André Morin	Gérard Tardif
Jacques Morissette	Claire Théoret
Kevin Murray	François Théorêt
Alexandra Nadeau	Marjolaine Tremblay
Jacques Nadon	Michel Tremblay
Xavier Naud-Lepage	Louis Tremblay
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2018 PRIORITIES

*alliance
support
achievement*

In keeping with the 2017-2021 strategic plan, Parkinson Québec concentrates its activities on enhancing its impact in the Parkinson's community.

1. Become the reference

Reach everyone living with Parkinson's disease

2. Achieve growth

Consolidate achievements and develop and execute a fundraising plan

3. Act together

Continue the work of clarifying the roles and responsibilities of the various players in the Regroupement

the art of caring



At Parkinson Québec, we believe that people living with Parkinson's should not have to face this disease alone.

With the right support, they can maintain a satisfying quality of life and continue to achieve in various aspects of their lives.

Together, by aligning our forces, we will unveil the true power of support and its day-to-day effects.



parkinsonquebec.ca

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