

Levels of care and legal aspects

We suggest you consult these documents related to levels of health care services and to relevant legal information.

Levels of health care services

The Institut national d'excellence en santé et services sociaux (**INESSS**) promotes excellence and the efficient use of resources in the health and social services sectors. The pamphlet below proposes to create openness to discussion surrounding care and treatment when a person is seriously ill to take a step to find out her or his preferences, in this regard, at the appropriate time.

Levels of care, let's talk about it:

https://www.inesss.qc.ca/fileadmin/doc/INESSS/Rapports/OrganisationsSoins/Depliant_niveaux-de-soins_ENG_20170111.pdf

Relevant legal information services

Chambre des notaires du Québec (Chamber of Notaries of Quebec)

On this website, go to the «[Your Notarial Services](#)» tab and you will find the "[Protection of persons](#)" theme. If you click on it, you will have access to 4 subjects: Medical and end-of-life care, Tutorship and assistance measure, Protection mandate and Procuracy. Information on "[Wills and succession](#)" is also available on the website.

<https://www.cnq.org/en/>

Educaloi

For care partners, some of the following suggested topics may be of particular interest, to you, such as **health care decisions, planning ahead for peace of mind, legal protections for vulnerable persons, and housing issues.**

<https://educaloi.qc.ca/en/publications/caregivers-practical-legal-tools/>

JuridiQC

This site offers legal, psychosocial information, resources and guidelines for getting started in your process of resource acquisition. In the section «**Seniors experiencing a loss of autonomy**», various topics are discussed, including understanding and planning for loss of autonomy, legal and financial aspects, living environment, information for caregivers, as well as end of life care.

<https://juridiqc.gouv.qc.ca/en/>

<https://juridiqc.gouv.qc.ca/en/seniors-experiencing-a-loss-of-autonomy/>