

## List of needs

This table is an invitation to consider the needs of each person and to name them. This way, it will be possible for you to do something to meet these needs, to mobilize and act! Feel free to consult the «[Resources Guide](#)» to help you find the most appropriate resources for you.

Needs	Does this need concern us or not?	How do we go about to meet this need?	What resources could we choose to meet this need?
Do you require assistance with your tasks as a person living with Parkinson's?			
Do you need assistance as a care partner?			

Needs	Does this need concern us or not?	How do we go about to meet this need?	What resources could we choose to meet this need?
Are there any tasks that have become too demanding?			
Can you tell the difference between pleasant and unpleasant tasks?			
Is it possible to keep the tasks that give you satisfaction and to delegate the less pleasurable ones? Which ones?			

Needs	Does this need concern us or not?	How do we go about to meet this need?	What resources could we choose to meet this need?
<p>What would you gain by adapting your environment?</p> <p>Would it make it safer?</p> <p>Can you see any other benefits?</p>			
<p>If you have your driver's license, how do you foresee when it will be necessary to give it up?</p> <p>Do you know people who have been through this transition and have reorganized?</p>			

Needs	Does this need concern us or not?	How do we go about to meet this need?	What resources could we choose to meet this need?
<p>Would the moral support of those around you be helpful in your daily life?</p> <p>Could it help you to maintain certain energy?</p>			